

THE GOSPEL

ACCORDING TO ST. LUKE

May 5, 2024

Emancipation for the Oppressed | Luke 4:14-30

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S U M M A R Y

This past weekend we continued our series in Luke by looking at the way Jesus delivers us from the oppressions that rob us of fullness of life.

R E A D

Luke 4:14-30 | Matthew 11:28-30

Pause. Take time to prayerfully consider what has been read.

D I S C U S S

- 1) When Jesus speaks of 'setting the oppressed free', who are the oppressed and what are the oppressed needing freedom from?

In Matthew 11:28-30, Jesus tells us what we have and then offers us what we need. He says, firstly, that we all have restlessness or burden, and secondly that we have a yoke.

- 2) What is the nature or source of this restlessness? How does a religious spirit make this worse?
- 3) What are the yokes we carry and why do we carry them?

Jesus then offers us what we need by inviting us to take in his way as a new yoke and to embrace him as our rest.

- 4) What does it mean to take on the yoke with Jesus?
- 5) How do we embrace him as the one who gives us rest? What difference does that make in our lives and in community?

R E S P O N D

Ask Jesus to show you the things you've attached yourself to in order to deal with the pressures, burdens, and restlessness of life.

Accept the invitation of Jesus to be the one you lean into and count on as your source of rest, peace and security.

*Share how the Spirit is inviting you to respond today and the week to come – to **be with** Jesus, to **become like** Jesus, or to **do what** Jesus does.*

P R A Y

Take time to listen in prayer for on another about how we can trade off burdensome yokes for the way of Jesus instead.

Take time to wait and pray together. What is Jesus praying for? Come into agreement with His prayers.

