



STONY PLAIN
ALLIANCE CHURCH



ENOUGH

LENT 2026

WHAT IS LENT?

A central season in the Church calendar is the season of Lent. Lent marks the time from Ash Wednesday until Holy Saturday (the day before Easter Sunday). It is one of the most ancient Christian practices dating back to at least the early 300's AD. It is a forty day fast, with breaks given on Sundays, that mirrors Jesus' fast in the wilderness after his baptism. In her book, *The Liturgical Year*, Joan Chittister writes,

"Lent comes to train us, like spiritual athletes, to keep our eyes, with Jesus, on the road to Jerusalem."

Lent is a solemn season that prepares us for Easter. It is a time to reflect on our lives, the direction they are going and ask of ourselves: How am I living into the reality of being a new creation? How am I stuck in the old ways of my flesh (not my physical body but the part of me that has been twisted by sin and its broken ways)? Lent is an invitation to identify the things in our lives that are keeping us from experiencing fullness of life with Jesus, one another, and ourselves.

Lent is also something meant to be experienced within the context of community. While many of us will choose individual fasts for the duration of Lent, we are inviting you to take part in weekly fasts that we will practice together as a community.

Consider inviting others to join you: your life group, a friend, or family members. Each week at our Sunday gathering, we will be coming to the communion table to break our fast as a larger community, to celebrate the provision of Christ, and to declare our dependence on him.

ASH WEDNESDAY

FEBRUARY 18

FOR DUST YOU ARE AND TO DUST YOU WILL RETURN.

Genesis 3:19 NIV

Ash Wednesday marks the beginning of Lent. It calls us to recognize the brevity of life and to remember that just as we have been made of dust, we will one day return to it. It's easy to go about our days thinking that we will live forever, but the reality is that our days are limited. Ash Wednesday functions to interrupt us from the rhythms of life, reminding us of our human frailties. It challenges us to consider how we are living, what we value, and the ways we use our time.

If we let it, Ash Wednesday can work like a reset button. It can reestablish our true orientation – life with Christ in the kingdom of God. We allow our perspective to be renewed. Because life is a vapour, we acknowledge that we don't have time to waste waiting for tomorrow.

As you enter this season of Lent on this Ash Wednesday, take some time to reconsider your life, your death, and the direction your life is taking.

On Ash Wednesday we have a quiet and reflective service with space to prepare for Lent through confession and receiving ashes on your forehead as a mark of the beginning of the Lenten season. In preparation for the service, or if you can't attend, we encourage you to ask these questions.

How is Jesus inviting me to embrace a more simple life this Lent?
Is there anything Jesus is inviting me to give up during this Lent season?

As we gather together for our Ash Wednesday service, at 7PM on February 18th, there will be space to continue asking these questions and to respond in confession and repentance.



ENOUGH

THE LORD IS MY SHEPHERD,
I LACK NOTHING.

Psalms 23:1

Every year as a church we journey through the 40 days of Lent together. It has become a deeply meaningful experience for so many of us as we walk with Jesus and one another on a road of confession, examination, and responsiveness to the Holy Spirit.

As a team we've been praying and asking Jesus to give us a theme for Lent that would speak specifically to our community and shine a light on things that are keeping us from experiencing fullness of life. As we listened and discerned, we sensed that there is a refrain playing in many of our hearts and minds that speaks of pervasive scarcity; A message of fear and agitation that can be summarized in two words. **Not Enough**. Many of us step each day into a perception that, one way or another, we will be left unsatisfied, disappointed, and lacking something important.

Not Enough Faith.
Not Enough Rest.
Not Enough Time.
Not Enough Love.
Not Enough Energy.
Not Enough Presence.

There is a heaviness in living with this lens, but Jesus offers us something better: a new way of being where the wilderness we assumed was a land of scarcity is transformed into a place of provision.

This is why the theme for our Lent this year is **Enough**. This word speaks to genuine contentment and an abiding satisfaction that is not circumstantial. It is a declarative word that helps define reality and keeps us from exhausting ourselves by chasing the wind.

Consider this your invitation into the pages that follow as we explore what it means to move from an assumption of 'not enough' to a posture of **Enough**, where **limitations are not curses**, and Jesus shows us his way into fullness of life.

WHAT TO EXPECT

STORY

Read through the personal reflections from our staff team. What do you relate to? How can their reflections help you to better understand your own story?

READ

Slowly read through the scriptures offered. How do they relate to the reflection? What is Spirit revealing through them?

REFLECT

As you work through the guiding questions, reflect on how you may be viewing your limitations as curses and seeing your life through a lens of "not enough." What is Jesus saying to you?

RESPOND

Using the guided prompts, take time to respond in confession. In repentance, how can you turn towards God, others, self, and creation?

RECEIVE

Take time to listen to the voice of Jesus and receive his mercy and grace.

FAST

An ancient practice of the people of God is fasting - an act of abstaining from something in order to focus on Jesus instead. Each week, you will be invited to participate in a different fast and/or embrace a practice to help you pay attention to the ways that Jesus is providing all that we need.

As we journey together we want to express God's provision of **Enough** in very tangible ways in our Tri-Region. For these six weeks of Lent, we are hosting a Food Drive, in support of Parkland Food Bank. Each spring, their resources run low as Christmas donations run out and other campaigns have not yet happened. We can help provide in this gap! When we join together with Parkland Food Bank, we are not only meeting urgent needs, we are standing with families, children, and workers in our Tri-Region who are doing their best in very difficult circumstances. Let's express the heart of God together in this outpouring of love for our community, demonstrated by food.

 parkland
foodbank



With each week's reflection in this guide, we will make a suggestion to spark your imagination about what to contribute. You are welcome to bring anything from the suggested list or make financial donations using this QR code throughout the campaign.

ENOUGH FAITH

READ

Matthew 14:22-33

STORY

When it comes to having faith, I often feel like Peter on the waves. Whether I like it or not, the world rages on around me and my attention is pulled to the fierceness of the storms: the pelting of the rain, the swirling black of the clouds, the howling of the wind. All of the worldly things that speak fear, distraction, or doubt into my heart and mind.

And, like Peter, in the looking away I can feel what it is to be overcome. To begin to sink. And while Jesus reaches out, the first thing I tend to receive from him is not the kindness or mercy of his hand around mine, but instead the verse that follows, "You of little faith," [Jesus] said, 'why did you doubt?'"

Why did I doubt?

Why do I have so little faith?

Because no matter how hard I try, it seems I never have enough faith.

At least, not by the way the world might try to measure it..

Then I spiral in a state of shame—because I can never manufacture enough faith to prove it. I remember the verses calling out those who are lacking in faith, those who lack faith as small as a mustard seed.

And I figure they must mean me.

Jesus said, "Have faith in God. Truly, I say to you, whoever says to this mountain, 'Be taken up and thrown into the sea,' and does not doubt in his heart, but believes that what he says will come to pass, it will be done for him..."

It sometimes seems like having enough faith would mean doing, witnessing, or having some part in something so miraculous... But I think what I too often forget is that faith is the thing that brings you before God in the asking; not the ways that the asking in faith is answered.

Jesus fully knows our human limits, and I think when it comes to faith we can acknowledge that Christ has come and fulfilled a picture of 'perfect faith' and that is not the expectation for us.

The ask from Jesus in every story of those 'having little faith' is to come to him with the worries, doubts, and storms of life without hesitation. The invitation then, is to grieve the ways that you have tried to manufacture 'enough faith' through religious spirit. Let it go, and instead choose simple faith: to "be still and know that I am God."

AMANDA KRAUSE



FEBRUARY 23 – MARCH 1

REFLECT

Invite the Holy Spirit into your reflections and welcome the voice of Jesus to help you answer these questions.

1. How have I been living as if there is not enough **faith**?
2. What unhealthy attachments do I have to the limitations being revealed?

Acknowledge and process this with Jesus and ask him to help you release that attachment.

RESPOND

Choose a new way.

Jesus, I confess that I have been trying to operate out of my own resource of **faith** and **choose instead** to live in dependence on your provision.

I resist the lie that *limitations are curses* and **choose instead** to receive them as means of grace to bring me closer to you.

RECEIVE

Spend some time listening for the voice of Jesus and receiving his mercy and grace.

Help open my eyes to see how you are providing **faith** in my life?
Thank you, Jesus, for your provision.

FAST

As a way of living into your repentance and resisting the idea of scarcity of **faith**, this week consider **fasting from** sources of information that cause you to worry and **practice instead** sitting with Jesus in silence.

"Every contribution you make, whether big or small, becomes something meaningful: a warm meal, a moment of relief, a renewed sense of hope. You help ensure that no one in our community feels forgotten, and no family faces hardship alone. We carry your kindness in everything we do."

Sheri Ratsoy, Executive Director of Parkland Food Bank



What foods do you find most comforting when facing a hard time? Let's share those!

ENOUGH REST

READ

Matthew 11:28-30

STORY

I used to think that rest was related to sleep. It was something that was earned after working hard through the day and followed the expending of most of my energy. Rest was what happened when I just couldn't push myself any further. The purpose of rest was to get sufficiently recharged so more work and productivity could happen.

The result of this in my life was that I could never get enough rest to meet the ever-increasing demands I would place on myself. Instead of rest, I was restless. It's something I still struggle with today. And this restlessness can't be resolved by one good night of sleep or a few days of vacation. It takes more than willpower or simple changes to the calendar.

Looking at the words of Jesus in the passage, we see that rest isn't something earned, it's something that is given. Rest is a gift that Jesus gives to us as we come to him with the weariness and burdens of our lives. He meets us in our restlessness and offers us Himself as rest.

Jesus invites us to stop striving in an effort to earn rest and instead receive the rest that only he can give. His is a rest that is not fleeting or shallow. It is secure and deep and life-giving. To be with Jesus is to experience this kind of rest for our souls and discover that what he offers is enough for us.

WADE PATON



MARCH 2 - 8

REFLECT

Invite the Holy Spirit into your reflections and welcome the voice of Jesus to help you answer these questions.

1. How have I been living as if there is not enough **rest**?
2. What unhealthy attachments do I have to the limitations being revealed?

Acknowledge and process this with Jesus and ask him to help you release that attachment.

RESPOND

Choose a new way.

Jesus, I confess that I have been trying to operate out of my own resource of **rest** and **choose instead** to live in dependence on your provision.

I resist the lie that *limitations are curses* and **choose instead** to receive them as means of grace to bring me closer to you.

RECEIVE

Spend some time listening for the voice of Jesus and receiving his mercy and grace.

Help open my eyes to see how you are providing **rest** in my life?
Thank you, Jesus, for your provision.

FAST

As a way of living into your repentance and resisting the idea of scarcity of **rest**, this week consider **fasting from** something that is productive but pushes beyond restful margin and **practice instead** doing something life-giving and joyful.

The need in our region keeps increasing. In 2025, 424 new households turned to Parkland Food Bank for the very first time. Each of these households represents a story of people facing uncertainty, taking a brave step forward, and trusting the community to walk beside them when life felt overwhelming.



Consider donating the Food Bank's most needed items: Canned Meat (tuna, ham, chicken etc), Canned Meals (eg pasta, chili etc), and Canned Fruit

ENOUGH TIME

READ

Mark 6:30-32

STORY

Time. This elusive thing that seems to rush by quicker and quicker with each passing month. And if you're anything like me, you try to grasp for more of it, willing it to slow down because it never feels like there's quite enough. Not enough time in the workday, where the to-do list seems to get longer instead of shorter. Not enough time to spend with family and friends - not even enough time to send the quick text checking-in to say, 'I'm thinking of you'. Not enough time to do all the things you want to do, let alone all the things that need to be done. And yet, God has given us each day and said this enough.

I suspect that even if I had more hours in a day, I would simply fill the extra hours, wishing for more just as I do now. So perhaps the solution isn't more, but a slowing down and acknowledging time as a good gift from God, something to steward well. I confess this isn't something that comes naturally to me. I often live like I'm in control and as if all the things depend on me. I fill up the minutes of my day, leaving little room for Jesus in the midst of my schedule.

This way of being is not without its costs. When busyness and getting things done is at the center of life there is a disconnect from who we are meant to be and the way we are called to live. And so, when I listen to my own wellbeing, others in my life and the whispers of Jesus, I see the importance of letting go. I am learning to be okay with leaving things undone. I am practicing having grace for myself, believing that my value does not rest in the things I accomplish, nor does not doing make me a failure. This is a leaning into limits instead of fighting against them and allowing space for God to move, relying on him for the pace of life.

And so, bit by bit, I am saying yes to the invitation to surrender my time, and the expectations I place around my time, to Jesus. Learning to stop and say it is enough.

EMALEE LANE



MARCH 9 - 15

REFLECT

Invite the Holy Spirit into your reflections and welcome the voice of Jesus to help you answer these questions.

1. How have I been living as if there is not enough **time**?
2. What unhealthy attachments do I have to the limitations being revealed?

Acknowledge and process this with Jesus and ask him to help you release that attachment.

RESPOND

Choose a new way.

Jesus, I confess that I have been trying to operate out of my own resource of **time** and **choose instead** to live in dependence on your provision.

I resist the lie that *limitations are curses* and **choose instead** to receive them as means of grace to bring me closer to you.

RECEIVE

Spend some time listening for the voice of Jesus and receiving his mercy and grace.

Help open my eyes to see how you are providing **time** in my life?
Thank you, Jesus, for your provision.

FAST

As a way of living into your repentance and resisting the idea of scarcity of **time**, this week consider **fasting from** taking the quickest way to your destination and **practice instead** a way of slowing down in the midst of life's demands.

Let's talk WEIGHT in 2025:

Amount of food items donated: 158,703 kg.

Amount of food rescued through partnerships with businesses: 242, 568 kg.

Amount of food purchased by community donations: 107,355 kg.



Let's think WEIGHT and choose your heaviest cans or bags of food to donate.

ENOUGH LOVE

READ

Romans 8:31-39

STORY

It's all about buckets. There is a popular children's story often used in school classrooms to teach the power of empathy, kindness, and compassion. When our bucket is full, we feel awesome. When our bucket is empty, we feel awful. Our goal is to have a full bucket (obviously) and become bucket-fillers, helping others achieve their goal as well.

The metaphor can be stretched a thousand ways for better or worse, but my confession is that in my deep longing to feel love, bucket management became a full-time gig. I was good at collecting buckets from different sources – obsessively monitoring why some were empty, hyper-attentive to the balance of filling and receiving, protecting some from getting knocked over, desperately trying to patch up ones with holes, etc. I also felt responsible for making sure that the buckets of those around me were never lacking. I was sure that if I could just get a handle on the system, one day there would be enough leftover for myself. But the math just wasn't mathing.

If love is a commodity, then sure, the best we can do is patch up our hole-y buckets and try to find some reliable sources. But in the Kingdom of God, love is not a resource and there is no economy of scarcity. Love is the whole thing. It is the entire picture. As Romans 8 says, to be separated from it is an impossibility.

There came day that Jesus showed me the futility of my strenuous, all-consuming preoccupation with managing buckets. I had essentially been sitting on a life raft, dipping my buckets into the source of love while anxiously trying to collect and protect all that I could handle. Meanwhile, I sat inches away from a vast, unending, all-encompassing ocean of love. More than enough. Waves of mercy and grace for every moment.

So, Jesus invited me to give up my life raft. If I was willing to give up the relative safety and comfort of my horribly deficient system, divine love would rescue me. I confess that I was profoundly afraid that if I let go, not only would I find God's love lacking, but I would have lost all my tools of self-sufficiency for procuring it.

But here's the truth, in my surrender to Love, love abundant has been found. And I never want to see another bucket again.

SHELEENA BOULIANNE



MARCH 16 - 22

REFLECT

Invite the Holy Spirit into your reflections and welcome the voice of Jesus to help you answer these questions.

1. How have I been living as if there is not enough **love**?
2. What unhealthy attachments do I have to the limitations being revealed?

Acknowledge and process this with Jesus and ask him to help you release that attachment.

RESPOND

Choose a new way.

Jesus, I confess that I have been trying to operate out of my own resource of **love** and **choose instead** to live in dependence on your provision.

I resist the lie that *limitations are curses* and **choose instead** to receive them as means of grace to bring me closer to you.

RECEIVE

Spend some time listening for the voice of Jesus and receiving his mercy and grace.

Help open my eyes to see how you are providing **love** in my life?
Thank you, Jesus, for your provision.

FAST

As a way of living into your repentance and resisting the idea of scarcity of **love**, this week consider **fasting from** one of the unhealthy attachments to you identified above and **practice instead** paying attention to God's gifts of love.

Hunger isn't always who you think it is! Full-time workers are now the largest group being served, reminding us that full-time work is no longer a guarantee of food security. Parkland Food Bank helps to bridge the gap between income and survival. Let's remember that children represent 39% of people served by the Food Bank.



What do children like to eat? (Your children, grandchildren, nieces/nephews, or your neighbour's children) When in doubt, Peanut Butter is on the Food Bank's "most needed list." Let's remember the children!

ENOUGH ENERGY

READ

1 Kings 19:3-9

STORY

As a child, energy bubbled effortlessly with joy, and as an adult with a career in sport, I carefully trained energy for the demands of competition. More recently though, an illness wiped out my life. An energy crisis brought on by inflammation and metabolic dysfunction in every cell of my body, resulting in organ systems spiralling out of control. Every action of sustaining life – breathing, eating, thinking, sleeping, moving – challenged by energy deprivation.

We eventually all face limits to our energy. Whether we are training for ultra-marathons, facing debilitating illness, or just trying to manage life, we all eventually hit the wall of 'not enough'. Limitations exist between our dreams and capacity, expectations and capacity, and sometimes between daily life and capacity.

In the darkest place I have ever been, with my life demolished by a virus, life felt cursed. These limitations were too much, too hard, too impossible, too uncertain, too endless, too exhausting. Coming to know the Jesus who is 'Enough' wasn't an instantaneous miracle, but a continuing transformation, undergirded by the decision to trust Jesus in the midst of every single hard decision of what to do and what not to do, to manage my energy for survival and recovery.

As a push hard, get-it-done, energy addict and adrenaline junkie, transformation came in a multitude of ways. Through Scripture, God reveals to me how He cares about the metabolic needs of our bodies. (See our scripture this week, and how when Elijah was exhausted and depressed, sleep was the first priority and then God sent angels TWICE with food and water for him.) Through occupational therapy, I learn God's design for our body's use of energy in its various categories - physical, cognitive, social, emotional, environmental and spiritual. Through counselling, God offers emotional healing as I discover that my unhealthy utilization of energy results from childhood responses to trauma. Through prayer, I encounter the Enough-ness of Jesus as He daily guides me with Holy Spirit wisdom in my choices, offering peace and serenity as I accept with gratitude, the reality of this day's energy, and infusing courage to make necessary changes for the future.

LINDA STOVER



MARCH 23 - 29

REFLECT

Invite the Holy Spirit into your reflections and welcome the voice of Jesus to help you answer these questions.

1. How have I been living as if there is not enough **energy**?
2. What unhealthy attachments do I have to the limitations being revealed?

Acknowledge and process this with Jesus and ask him to help you release that attachment.

RESPOND

Choose a new way.

Jesus, I confess that I have been trying to operate out of my own resource of **energy** and **choose instead** to live in dependence on your provision.

I resist the lie that *limitations are curses* and **choose instead** to receive them as means of grace to bring me closer to you.

RECEIVE

Spend some time listening for the voice of Jesus and receiving his mercy and grace.

Help open my eyes to see how you are providing ways for me to care for the **energy** in my body?

Thank you, Jesus, for your provision.

FAST

As a way of living into your repentance and resisting the idea of scarcity of **energy**, this week consider **fasting from** your go-to chemical stimulant (coffee, energy drink, etc.) and **practice instead** the *Serenity Prayer* every day this week,

God grant me the Serenity to accept the things I cannot change, the Courage to change the things I can, and the Wisdom to know the difference. Amen.

Parkland Food Bank supports our neighbours in the following communities: Spruce Grove, Stony Plain, Parkland County, Paul First Nation, and those with no fixed address. When we donate to Parkland Food Bank, we are loving our neighbours!



Consider making a financial donation. With donations, Parkland Food Bank purchases things like milk, eggs and meat for their hampers.

ENOUGH PRESENCE

READ

Psalm 46

STORY

I often struggle to feel like I have enough attention, focus, and presence. I find myself pulled in too many directions, and as a result I can be not fully present to my situation. I find myself fighting to be fully attentive, whether to my family, my friends, to God himself, or even if I'm honest, to myself. I will try to be present, but something external will come, like a ding from my phone or one of my kids will come with a question. But more often than not, it's not the external, it's the internal - my brain tossing distractions, and I find myself being like Dug the dog in the movie *UP* saying "squirrel!". I feel like it is a constant struggle for me to be attentive or present enough.

The fifteenth century monk, Brother Lawrence, wrote about practicing the presence of God, cultivating an awareness of the God who is present always. I want to live this way, but I confess I can too often forget his presence. For the past few years I have practiced praying a breath prayer. If you don't know what that is, it's just a simple prayer where you pray a short prayer as you breathe in and another short prayer as you breathe out. When I first began, my prayer was "be with me" as I breathed in and out. This was a way to trigger my mind to remember God's presence. But slowly I became aware of another reality. Maybe it's not just about me asking "be with me". He, of course, is always with me, whether I feel it or not. What if God is saying the same thing to me? Extending the invitation, "Be With Me." So, I changed my prayer. The "be with me" remained the inhale, while "help me to be with you" became my exhale.

When I was heading on my sabbatical a couple years ago I was given a gift. A few friends, without knowing it, separately shared the same song with me. It's called "Centering Prayer" by Andrew Peterson. The song is an invitation to be present to God and to the world around you. It begins with this line: "I want to be where my feet are." This is a longing for me now, and a prayer. I want to be present to all and have my mind and my feet be in the same place. Fully attentive. Fully present.

MATT KINNIBURGH



MARCH 30 – APRIL 5

REFLECT

Invite the Holy Spirit into your reflections and welcome the voice of Jesus to help you answer these questions.

1. How have I been living as if there is not enough **presence** available for all that requires my attention?
2. What unhealthy attachments do I have to the limitations being revealed?

Acknowledge and process this with Jesus and ask him to help you release that attachment.

RESPOND

Choose a new way.

Jesus, I confess that I have been trying to operate out of my own resource of **presence** and **choose instead** to live more simply so that I can be present to myself, others and You.

I resist the lie that *limitations are curses* and **choose instead** to receive them as means of grace to bring me closer to you.

RECEIVE

Spend some time listening for the voice of Jesus and receiving his mercy and grace.

Help open my eyes to see how you are providing **presence** in my life?
Thank you, Jesus, for your provision.

FAST

As a way of living into your repentance and resisting the idea of scarcity of **presence**, this week consider **fasting from** frivolous internet usage (or something else that would be noise and distraction in your life) and **practice instead** a breath prayer.



As we celebrate Fullness of Life this Easter, let's remember to bring donated food items for the culmination of our Food Drive! Whether someone faces a brief setback or a longer struggle, Parkland Food Bank provides food, comfort and dignity at a time when people need it most. Together we can make a real difference!

HOLY WEEK

THERE IS NO FEAR IN LOVE. BUT PERFECT LOVE DRIVES OUT FEAR, BECAUSE FEAR HAS TO DO WITH PUNISHMENT. THE ONE WHO FEARS IS NOT MADE PERFECT IN LOVE.

1 John 4:18 NIV

Lent prepares us to journey with Jesus through Holy Week. We begin on the outskirts of Jerusalem as Jesus approaches the city to the celebration and adoration of the crowds. What begins in shouts of praise, ends in shouts of scorn as Jesus is sentenced to death, crucified, and buried.

Holy Week shows the slow unravelling of all the ways that religious spirit, evil, the grave, and ultimately, death, taunt humanity. "You are *not enough*."

In Christ and at the cross, all the ways of death are brought to shame as Jesus declares: "It is finished!" **"Enough!"**

.No more fear of punishment. His perfect love has driven out fear. Jesus arose victorious over death and now by his Spirit we encounter the One who is *more than enough*.

HOLY WEEK READINGS

PALM SUNDAY Matthew 21:1-17, 26:1-75

HOLY MONDAY Matthew 27

HOLY TUESDAY Mark 14

HOLY WEDNESDAY Mark 15

MAUNDY THURSDAY Luke 22

GOOD FRIDAY Luke 23

HOLY SATURDAY John 18-19

EASTER SUNDAY Matthew 28, Mark 16, Luke 24, John 20

Enter into the scriptural story and sit with Jesus in the gospels. As you read the passages, here are some questions to ponder:

What is Jesus like?

How was Jesus aware of his impending death?

What does it mean to identify with him in his sufferings?

GATHERINGS

MARCH 29 | 10AM



BAPTISMS AND
CHILDREN'S MINISTRY

APRIL 3 | 10AM



A REFLECTIVE, WHOLE
FAMILY SERVICE

APRIL 4 | 7PM



A REFLECTIVE, WHOLE
FAMILY SERVICE

APRIL 5 | 10AM



CELEBRATION AND
CHILDREN'S MINISTRY

Come to one service or all four. All are welcome!
[SPACONLINE.COM/EASTER](https://spaconline.com/easter)

LENT 2026

www.spaonline.com
info@spaonline.com
780-963-2082



S P A C

FULLNESS OF LIFE FOR EVERYONE,
BY PRACTICING THE WAY OF JESUS TOGETHER