

November 16, 2025

Daily Bread | Luke 11:1-4; Matthew 7:9-11

Wade Paton

SUMMARY

On Sunday we looked at the phrase "Give us each day our daily bread" that's found in the Lord's Prayer. We learned about the nature of petitionary prayer and how it means to bring our needs to God in prayer.

READ

Luke 11:1-4; Matthew 7:9-11

Pause. Take time to prayerfully consider what has been read.

DISCUSS

- 1) What has your experience with petitionary prayer been like? Frustrating? Life-giving?
- 2) What's the feeling in your heart when you are bringing your needs and requests to God?
- 3) What is the significance of placing this request after the first things we pray in the Lord's prayer?

We looked at three ways that Jesus prepares us to make requests in prayer.

- By giving us confidence
- By giving us a true perspective
- By calling us to humility

Take time to work through each point and ask:

- 1) What obstacles or objections do I encounter when thinking about petitionary prayer like this?
- 2) Why is this an important truth to embrace as we pray for daily bread?

RESPOND

Practice petitionary prayer this week using the provided prayer guide.

PRAY

Familiarize yourself with the Prayer Guide on the back of this page and pray through the Lord's Prayer.

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven.
Give us today our daily bread.
And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation but deliver us from the evil one. For yours is the kingdom and the power and the glory forever. Amen.

Matthew 6:9-13 NIV

PRAYER GUIDE

DAILY CHALLENGE

Find three times a day (i.e. as you wake up, as you have lunch, and as you go to bed) and pray the Lord's prayer. Perhaps your life group can choose to do this at the same times of the day.

WEEKLY CHALLENGE

One of the gifts of the Lord's Prayer is that it can be used as a framework for prayer, much like a house being built upon a frame. Begin with a line, pause, pray through it, and then build off of it week after week to grow a habit of meaningful prayer.

Week 1

Our Father in heaven, hallowed be your name.

As you pray this, you can praise God, declaring the goodness of his character and love. This is a good time to practice gratitude as well, thanking God for all the blessings he has brought into your life. You can also ask that His name would be hallowed – not you only in the lives of those around you but also in your life as well.

Week 2

Your kingdom come, your will be done, on earth as it is in heaven. Ask for things to be done here on earth as it is in heaven, both in the world and your life. Where does justice and righteousness need to be revealed and realized? Where does the light of the kingdom need to push against the darkness?

Pray for the return of Christ where he will bring the kingdom in its fullness, renewing and returning heaven and earth together.

Week 3

Give us today our daily bread

Ask God for His provision, trusting that he will take care of our needs. What do you need? What do those around you need? Bring those requests to Him.

Week 4

And forgive us our debts (sins, trespasses), as we also have forgiven our debtors (everyone who sins against us, those who trespass against us)

Confess your sin and to ask his forgiveness. Perhaps you are already aware of your sin. If so, tell him about it. You can also ask the Holy Spirit to reveal to you what needs to be confessed. Thank him for his forgiveness of your sins, remembering that it is in His character to forgive sins of all kind (Psalm 103). Take time to bless those who you have forgiven or are struggling to forgive.

Week 5

And lead us not into temptation but deliver us from the evil one. Ask God for help as you struggle against the enemies of the soul - the world, the flesh, and the devil. Pray for protection against evil, for self-control against sinful desires, and for perseverance. Pray protection for your friends and family.

Week 6

For yours is the kingdom and the power and the glory forever. Amen.

Conclude your prayer with a declaration of the Lordship of Jesus Christ.