

# TEACH US TO *pray*

April 14, 2022

OUR FATHER | Matthew 6:9-13

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## S U M M A R Y

This past weekend we spent time looking at the prayer life of Jesus and how his whole life was a movement of prayer. There were enormous demands on his time and yet he maintained a steadiness in his mission and did not let the pull of the culture define his pace. The desire of Jesus is that all his followers would learn this way of prayer.

## R E A D

Matthew 6:9-13 | Luke 11:1-4

*Pause. Take time to prayerfully consider what has been read,*

## D I S C U S S

- 1) What does hurriedness look like in your life? What causes us to rush and in so doing miss out on some of the most important things in life?
- 2) What has been your experience with prayer? What do you feel when you think about growing in prayer?

We saw three important things addressed:

**Who** are we praying to? "Our Father".

- 3) What's the significance of the word "Our"? Why does Jesus tell the disciples to call God "Father" and why is that important? Do any of you struggle to refer to God as Father? Why?

**Where** is He? "In Heaven".

- 4) What are the implications of praying to a Father that is closer than the air we breathe?

**What** do we pray about? The first thing Jesus instructs us to pray is that God's name be 'hallowed' or kept holy.

- 5) What does it mean to hallow his name and why is this the first thing to be prayed before any other request? What would be different if God's name was hallowed in our lives?

## R E S P O N D

Pray the Lord's prayer at least once a day this week. Preferably with someone else. While doing that we are going to consider the who, where and what of prayer. Let's see what kind of conversation we end up having with God when we take time to pause and be unhurried in prayer.

*Share how the Spirit is inviting you to respond today and the week to come – to **be with** Jesus, to **become like** Jesus, or to **do what** Jesus does.*

## P R A Y

Pray the Lord's prayer and pay attention to the promptings that come to your heart.

*Take time to wait and pray together. What is Jesus praying for? Come into agreement with His prayers.*

